

## Membership Criteria – Professional Member

Criteria for eligibility for “Professional Membership”, the applicant –

- Has the equivalent of 600 hours’ minimum of formal training consisting of theory, practice and clinical applications of hypnosis and hypnotherapy/NLP including but not restricted to
  - Overview of hypnotic strategies
  - Susceptibility techniques
  - Hypnotic terminology
  - Hypnotic Anesthesia
  - Dangers of Hypnosis
  - Open & closed eye induction techniques
  - Deepening Techniques
  - The conscious use of language
  - Regression and progression
  - Therapeutic applications
  - Models of Hypnotherapy
  - Minimum of 50 hours of supervised practice in study groups.
- \* **and including:**
  - Counselling skills - min. 80 hours (with a minimum of 30 hours supervised practical participation in a study group)
  - Basic Psychological Process - minimum. 30 hours (can be a distance only course)
  - Ethics 6 hours
  - Setting up a practice

\* Meaning at least a **total** of 110 hours of practice of techniques in supervised study groups.

- Provides all the prescribed documentation and/or any other supporting evidence that is required by the Executive. *(It is the applicant’s responsibility to verify all information and documentation supplied.)*
- Has undertaken to cover themselves by Professional Indemnity Insurance and agrees to hold the AHA indemnified for all judgements and costs awarded against it or incurred by it as the case **may** be in any action against it arising directly or indirectly from the applicant’s conduct as a Hypnotherapist.
- Has obtained and agrees to maintain a current First Aid Certificate. **NB:** *An invalid Certificate may void Professional Indemnity Insurance, AHA Membership and the ability for your clients to receive a Health Fund Rebate.*
- Has obtained and agrees to maintain a police check and where applicable a Working with Children Card.
- Satisfied the Executive that you are of good reputation and character by providing 3 referees, attesting to your professional capabilities, good fame, reputation and character
  - one (1) from your training organisation, and
  - two (2) from people who are not related to you and who have known you professionally for at least two (2) years
- Has agreed to undertake a minimum of twenty (20) hours of Continuing Professional Education and Development each year and verified on the AHA Annual Record Card
- Has agreed to undertake a minimum of twelve (12) hours of one-on-one Supervision each year **or** a minimum of 24 hours of Group Supervision **or** a mixture of both Supervision models per year.
- Is currently maintaining, or has access to an adequate professional library
- Has agreed to conduct themselves in all their professional dealings with the public at large within the Code of Ethics of the Association
- Has the capacity to independently identify, plan and implement effective courses of hypnotherapeutic treatment for a range of presenting problems
- Understands when to refer a client to another therapist and knows how to make professional referrals
- Has demonstrated that they have attained at least the relevant minimum standards of competency and proficiency.
- Where a potential member has not attended a school / course that is recognised by the AHA then the following will take place:
  - Interview,
  - Written examination
  - Practical demonstration
  - Two written case studies explaining a
    - Successful case and why
    - Case that you would do differently and why
- If a country applicant is unable to attend the interview with the AHA Examiners, the Membership Secretary in your state can discuss alternative arrangements
- The application is accompanied by the non-refundable application fee of **\$44 inc GST**.
  - The yearly Professional Membership Registration fee is **\$240 inc GST** and is due 31st of March each year
  - Pro-rata registration fees are applicable upon approval of your application.