



Australian Hypnotherapists' Association

SA Branch Half Day Workshop

Please note that hard copy flyers will be phased out by the end of 2010 and only email flyers will be sent. If we do not have your email address, kindly email your details to Marilyn at mpcityhyp@hotmail.com, or Rona Spicer at rona@intrinsicoutcomes.com.au to ensure that you are notified of upcoming workshops in 2011

Sun. 21 Nov, 2010

9 am—12.45 pm

Sign in required:

8.30 am—9.00 am

**Doors Close at
9am sharp**

Venue:

Adelaide Theosophical Society
310 South Terrace, Adelaide 5000

Cost:

Members—\$40
Non Members—\$55
Refreshments included.

GENERAL MEETING

AHA MEMBERS

Following presentation

1.00— 1.20pm

**JOINING US FOR LUNCH -
CAFÉ ON HUTT STREET
AFTER 1.20pm?**

**You can order your lunch at
registration. Pay at café.**

**REGISTRATIONS
CLOSE**

Friday 12th Nov. 2010

**Get your registration
form in now to
secure your place!**

For more information call

Marilyn on 0408 825 932 or
08 352 6890 or

mpcityhyp@hotmail.com

To enroll complete and return
your registration form
along with your payment to:
Marilyn Peterson
SA AHA Workshop Coordinator
24 Francis Street
Cowandilla SA 5033

HYPNOTICALLY ENHANCED TREATMENT OF ALCOHOL ABUSE.

9.00 — 10.30am

by Antoine Matarasso

Content: Session 1&2

Are your clients drinking too much?

There are many people who enjoy drinking socially. However, some people begin to find they are drinking too much but are not alcoholics. They are often ordinary people who just can't seem to be in control when it comes to how much they drink or how often they drink.

There are many reasons why this behaviour can get out of control. Often a client will come to you with a goal to reduce the amount of alcohol they consume and how often, so that they are always in control. This way they can still enjoy a social drink and know they will be in control.

- Antoine will introduce his practice's highly successful 4 session program

HYPNOTICALLY ENHANCED TREATMENT OF ALCOHOL ABUSE.

11.00 — 12.30pm

by Antoine Matarasso

Continuing....

Antoine further outlines his program to work with clients with alcohol abuse problems.

- Within the 2 session program, Antoine will explore techniques and strategies for treating alcohol abuse incorporating a variety of modalities.
 - Alcohol abuse, social drinking, binge drinking
 - Permanent strategies and solutions.

Antoine Matarasso is the National President of the AHA, and has a highly successful practice in New Farm, Brisbane. For more information about Antoine and his wealth of experience, as a counsellor, hypnotherapist and psychotherapist you may find out more at www.trancesolutions.com

WORKSHOP CLOSE

12.30—12.45pm

PRESENTATION OF CERTIFICATES OF PARTICIPATION

AHA GENERAL MEETING

1.00— 1.20pm

Lunch to follow at cafe in Hutt Street. at 1.30pm

Please indicate if you are interested in joining us for lunch. A menu will be provided at the 8.30 registration, and we will phone ahead. *This cost is not covered in workshop registration. You will need to pay for your own meal at the venue.*

WORKSHOP REGISTRATION

**Please complete attached registration form and return by email or post with
payment.**

PREFERRED PAYMENT OPTIONS: Cheques and money orders payable to AHA
ALTERNATIVELY: Cash or EFTPOS Payment is available on the day at this workshop

Please note: direct deposit option unavailable for this workshop.

Postal Address: Marilyn Peterson, AHA SA Workshop Coordinator
24 Francis Street, Cowandilla SA 5033